

# Nourish

## PLANT FOOD

From Plants for Plants

## User's Guide

Liquid Plant Food	For	Benefits	Directions for Use
<p><b>For Leafy Greens &amp; Indoor Plants</b></p>  <p>TALBORNE LOPF 7:1:2 (10) 100% Plant-Based &amp; Organic</p>	<ul style="list-style-type: none"> <li><b>Ornamentals:</b> Indoor Plants, Shrubs, Trees, Bamboo, Palms, Leafy plant beds, Ferns, Tropical, Atrium &amp; Container Gardens</li> <li><b>Edibles:</b> Leafy Veggies &amp; Herbs, Cannabis, Growing Systems, Container Gardens</li> <li><b>Lawns &amp; Turf:</b> All Grass types, Ornamental lawn, and Ground Covers</li> </ul>	<p>High levels of amino acid Nitrogen promotes the formation of plant tissue and chlorophyll. This increases photosynthesis and energy for robust development in green leafy plants, lawns, and ground covers.</p>	<p><b>Ornamentals:</b> feed to maintain attractive and healthy green leaves.</p> <p><b>Edibles:</b> feed from planting to harvest.</p> <p><b>Lawns &amp; Turf:</b> feed from planting and every 14 days for established lawns and ground covers.</p> <ul style="list-style-type: none"> <li>Shake NOURISH before use.</li> <li>Mix 5 to 10ml per 1 Litre of water.</li> <li>Use diluted product within 6 hours.</li> <li>Apply as a foliar spray or soil drench. Suitable for irrigation systems, drippers, micro-sprayers, or fertigation.</li> <li>Feed every 14 days or as required.</li> </ul>
<p><b>For Buds, Flowers &amp; Fruit</b></p>  <p>TALBORNE LOPF 4:1:6 (11) 100% Plant-Based &amp; Organic</p>	<ul style="list-style-type: none"> <li><b>Ornamentals:</b> Shrubs, Trees, Flowerbeds, Roses, Orchids, Aloes, Proteas, Fynbos, Container Gardens &amp; Hanging Baskets</li> <li><b>Edibles:</b> Fruiting Veggies, Herbs, Berries, Fruit Trees, Cannabis, Growing Systems, Container Gardens</li> </ul>	<p>Rich in natural Potassium and sugars for plant energy to stimulate buds and flowering. Improves fruit quality, flavour, colour, and ripening.</p> <p>Increases plants resilience to climatic stress and pest and disease resistance.</p>	<p><b>Ornamentals:</b> feed to promote and extend flowering.</p> <p><b>Edibles:</b> feed from before budding, through flowering and fruit formation until harvest.</p> <ul style="list-style-type: none"> <li>Shake NOURISH before use.</li> <li>Mix 5 to 10ml per 1 Litre of water.</li> <li>Use diluted product within 6 hours.</li> <li>Apply as a foliar spray or soil drench. Suitable for irrigation systems, drippers, micro-sprayers, or fertigation.</li> <li>Feed every 14 days or as required.</li> </ul>
<p><b>For Multi-Plant Gardens &amp; Propagation</b></p>  <p>TALBORNE LOPF 5:1:4 (10) 100% Plant-Based &amp; Organic</p>	<p><b>Outdoor &amp; Indoor Plants, and maintenance feed for mixed gardens. Feeding seedlings &amp; cuttings.</b></p> <ul style="list-style-type: none"> <li><b>Ornamentals:</b> Shrubs, Trees, Flower beds, Roses, Bulbs, Bonsai, Succulents &amp; Container Gardens</li> <li><b>Edibles:</b> General Veggies, Berries, Herbs, Cannabis, Growing Systems &amp; Container Gardens</li> <li><b>Propagation</b> of Seedlings and Cuttings</li> </ul>	<p>Balanced amino acid Nitrogen and Potassium fertilizer, rich in sugars for energy to stimulate new plant growth.</p>	<p><b>Ornamentals:</b> feed mixed ornamental gardens in all growth phases from transplanting, leaf development and flowering.</p> <p><b>Edibles:</b> feed mixed vegetables, herbs, and fruit in all growth phases from planting until harvest.</p> <p><b>Plant propagation:</b></p> <p><b>Seedlings:</b> feed from germination until transplant ready. Continue to feed plants to maturity.</p> <p><b>Cuttings:</b> feed for root development until transplant ready. Continue to feed plants to maturity.</p> <ul style="list-style-type: none"> <li>Shake NOURISH before use.</li> <li>Mix 5 to 10ml per 1 Litre of water.</li> <li>Use diluted product within 6 hours.</li> <li>Apply as a foliar spray or soil drench. Suitable for irrigation systems, drippers, micro-sprayers or fertigation.</li> <li>Apply every 14 days or as required.</li> </ul>

- ✓ 100% Plant based, made from Potato and Sugar beet
- ✓ Approved for Organic Growing
- ✓ Grow nutrient dense food & climate resilient crops

- ✓ No preservatives or artificial growth stimulants
- ✓ Ideal for Organic Vegan & Vegetarian growing
- ✓ No Odour

# What you should know about Nourish

Talborne Organics  
Growing Health



## Why we chose the name:

**nourish** *verb.*  
nour-ish

- ✔ to sustain with food or nutrient; supply what is necessary for life, health, and growth
- ✔ to cherish, foster, keep alive
- ✔ to strengthen, build up, or promote
- ✔ to provide people or animals with food in order to make them grow and keep them healthy
- ✔ Provide with the food or other substances necessary for growth, health, and good condition
- ✔ Enhance the fertility of (soil)
- ✔ Keep (a feeling or belief) in one's mind, typically for a long time.

## What is Nourish Liquid Organic Plant Food?

**Nourish** "from Plants for Plants" is a range of 100% plant-based liquid organic fertilizers made from potato and sugar beet extracts. Rich in natural amino acid **Nitrogen (N), Potassium (K), Carbohydrates and Sugars**, nutrients from **Nourish** are readily assimilated to grow healthy plant tissue, resulting in vigorous and productive plants. The **Minor and Micro-Nutrients** in **Nourish** increase yields, prevent deficiency diseases, and strengthen plant cells to resist pest and disease and provide resilience to climatic stress.

## When you use Nourish, you benefit your health, plants and the planet too!

- ✔ Climate smart- Feed plants using nutrients recycled from food preparation waste streams.
- ✔ Pure performance using inputs approved by Control Union for international Organic Growing standards.
- ✔ Grow nutrient dense food, rich in amino acid proteins which form the basis of human cells.
- ✔ Tasty, homegrown fresh food for healthy bodies and minds.
- ✔ No preservatives, artificial hormones, nor growth stimulants.
- ✔ No animal ingredients so ideal for growing Organic Vegan & Vegetarian foods.
- ✔ **Nourish** liquid organic plant food is easy to feed: Add to water for indoor pot plants, container gardens, atriums, vertical gardens, and growing systems. As a foliar spray for quick uptake in stressed conditions or for extra conditioning.
- ✔ Low odor makes it convenient to feed plants in frequently used, entertainment areas.
- ✔ Activates beneficial soil microbes for a flourishing soil ecosystem which supports strong root development for water and nutrient absorption.
- ✔ No build up of salts in growing mediums and soil and thereby prevents root and leaf burn.



INPUT: Organic EU  
(CU 833864)

Available in the following sizes: 500ml (makes 100L), 1L (makes 200L), 5L (makes 1 000L)

Available at leading Garden Centres

For further information visit [www.talborne.co.za](http://www.talborne.co.za)



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